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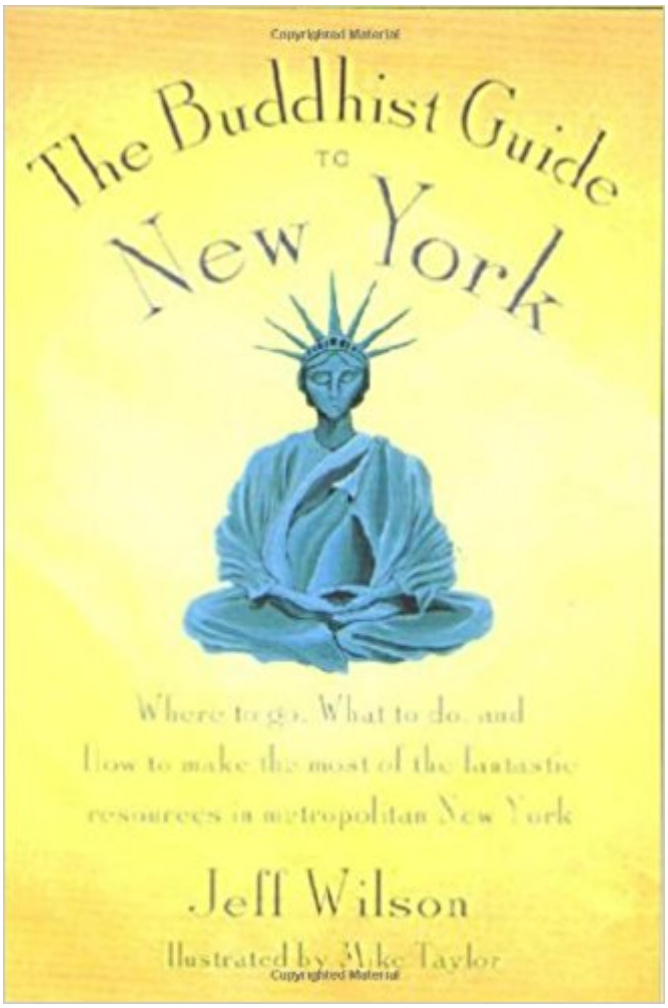
The Buddhist Guide To New York: Where To Go, What To Do, And How To Make The Most Of The Fantastic Resources In The Tri-State Area



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Synopsis

Buddhism in New York is as exciting and diverse as the city itself, but can be just as overwhelming for those new to the practice. What's a good temple or practice center to try for your first visit? What should you wear? What are the differences between the various schools? With The Buddhist Guide to New York, you can find a supportive community in which to explore the wisdom offered by this 2,500-year-old tradition. The book includes:* A brief introduction to Buddhism and the different schools, from Pure Land to Zen* General etiquette for visiting temples* Practice centers in all five boroughs, New York State, New Jersey, and Connecticut* Tibetan stores and restaurants* Buddhist health practitioners* Museums and cultural resources* Bookstores, publications, educational institutions, and other resourcesWhether you're a new explorer of Buddhism or a long-time practitioner, The Buddhist Guide to New York will help you enjoy everything the region has to offer.

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Customer Reviews

The torrent of spiritual travel books becomes more niche-specific with The Buddhist Guide to New York: Where to Go, What to Do, and How to Make the Most of the Fantastic Resources in the Tri-State Area. As author Jeff Wilson points out, the New York metropolitan area offers unprecedented opportunities for Buddhists of all persuasionsAthe five boroughs alone contain more than 100 temples and meditation centers including traditions such as Pure Land, Vipassana, Vajrayana, Nichiren and Zen. Wilson's guide to Buddhism's many schools and nationalities is practical, enjoyable and highly informative. Copyright 2000 Reed Business Information, Inc.

Jeff Wilson is a former staff member of Tricycle: The Buddhist Review, the widest-read Buddhist magazine in the United States. He lives in Queens, New York. Mike Taylor's cartoons have appeared in Tricycle: The Buddhist Review and the book Buddha Laughing.

As happens with these books, it doesn't take long before they become dated. This is a good book of its kind, but the problem is that Buddism is growing by leaps and bounds, and a book that is a decade old leaves a lot out. Although the title suggests that it covers New York, the author claims to cover New Jersey and Connecticut as well. As a native of New Jersey, I know he has left out all but the basics: the monasteries, the Dalai Lama's headquarters in upstate Washington, NJ, etc. However, the sources he does mention are substantial, and, apart from stores and restaurants, which open and close frequently, any of these sources can point one in the direction of more. After all, the headquarters of the Dalai Lama and the Karmapa are not likely to disappear any time soon. Anyway, this book is a great place to start.

I bought this book mainly to get a better feel for the various Buddhist sects proliferating today, as the book has a great capsule overview of what the focus of each main group is. However, the book is book insightful and amusing, and will save the novice Buddhist visitor or tourist many a misstep or faus pas, not to mention wasted time. Wilson gives great, easy to follow information and covers not only NYC but I think the whole state. Definitely goes in my bag the next time I take a trip north!

I'd read a little about Buddhism but not really gotten around to figuring out how to practice it until I came across this little gem, which erased all my excuses for procrastinating - I don't know where to go, what if they don't speak English, how am I supposed to act? The author lays it all out and, from reading about the different schools of Buddhism and the individual character of temples and practice centers, I was able to identify several places I wanted to try. You will learn so much!

Jeff Wilson, a Buddhist who practices in the Pure Land tradition, has written an indispensable guide to Buddhist practice in New York City...His book is very reader friendly and gives a tremendous feel for all the various places to practice which are available in the tri-state area...the book is a must have for both the experienced practitioner who wants to have a guide and the new practitioner who is looking for a sangha...

a lot of addresses and not too much deeper information.But i think everything related to buddism is covert...

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